Climate Forcing of Unprecedented Intense-Hurricane Activity in the Last 2,000 Years

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Abstract

How climate controls hurricane variability has critical implications for society but is not well understood. In part, our understanding is hampered by the short and incomplete observational hurricane record. Here we present a synthesis of intense-hurricane activity from the western North Atlantic over the past two millennia, which is supported by a new, exceptionally well-resolved record from Salt Pond, Massachusetts (USA). At Salt Pond, three coarse grained event beds deposited in the historical interval are consistent with severe hurricanes in 1991 (Bob), 1675, and 1635 CE, and provide modern analogs for thirty-two other prehistoric event beds. Two intervals of heightened frequency of event bed deposition between 1400 and 1675 CE (10 events) and 150 and 1150 CE (23 events), represent the local expression of coherent regional patterns in intense-hurricane-induced event beds. Our synthesis indicates that much of the western North Atlantic appears to have been active between 250 and 1150 CE, with high levels of activity persisting in the Caribbean and Gulf of Mexico until 1400 CE. This interval was one with relatively warm sea surface temperatures in the main development region. A shift in activity to the North American east coast occurred ca. 1400 CE, with more frequent severe hurricane strikes recorded from The Bahamas to New England between 1400 and 1675 CE. A warm sea surface temperature anomaly along the western North Atlantic, rather than within the main development region, likely contributed to the later active interval being restricted to the east coast.

Key Points:

1) Significant variability in the frequency of intense-hurricanes has occurred
2) Prehistoric intense-hurricane frequency often exceeded historic levels
3) Regional sea-surface temperature warming contributed to active intervals

1. Introduction
Climate controls the characteristics of tropical cyclone populations by providing the environmental conditions that influence their genesis, intensity, and path [Emanuel et al., 2004; Gray, 1968; Kossin and Vimont, 2007]. Resolving how climate and tropical cyclone activity co-evolve has critical implications for society and is poorly understood. A link between human-induced climate warming and intense tropical cyclones has been suggested [Emanuel, 2005; Webster et al., 2005], but an alternative view proposes that the recent increase in the frequency of North Atlantic tropical cyclones (Atlantic tropical cyclones with sustained winds exceeding 33 m/s are referred to as hurricanes) is related to natural oscillations in sea surface temperature (SST) [Goldenberg et al., 2001]. However, the short duration and unreliability of the observational record [Landsea et al., 2006] has made testing these hypotheses challenging.

Significant disagreement exists between model projections for how Atlantic hurricane activity will respond to future anthropogenic forcing, though there is some consensus that hurricane intensity will increase [Knutson et al., 2010; Villarini and Vecchi, 2013]. Downscaling approaches indicate that warming SST may cause both more frequent and intense hurricanes in the western North Atlantic over the coming decades [Bender et al., 2010; Emanuel, 2013]. Unfortunately, little is known regarding the sensitivity of past variability in hurricane activity to changing SST due to the limited observational record.

Coarse-grained, storm-induced deposits preserved in coastal lakes and marshes [Boldt et al., 2010; Brandon et al., 2013; Donnelly and Woodruff, 2007; Lane et al., 2011; van Hengstum et al., 2013; Wallace et al., 2014] provide a means to extend our observational knowledge to climate regimes outside of those observed historically, and potentially provide analogs for future climate scenarios. However, modest sedimentation rates at these sites (often less than 1
mm/year) can limit the temporal resolution of many paleo-hurricane archives. Further, challenges emerge because insufficient fine-grained sediment deposition between consecutive storm layers preclude delineation of individual events, or subsequent overwash events erode and re-work previously deposited sedimentary material [Woodruff et al., 2008]. Thus, the number of discrete storm deposits within these low-resolution records likely underrepresents the total number of intense-hurricane events affecting the site.

Fortunately, a new array of high-resolution sedimentary proxy records from deep coastal basins with high sedimentation rates and low potential for post-depositional reworking are transforming our ability to detect individual hurricane-induced event beds and analyze the underlying climatic forcing of changes in hurricane activity over the last several millennia [Brandon et al., 2013; Denommee et al., 2014; Lane et al., 2011; van Hengstum et al., 2013]. Determining the spatial and temporal pattern of this past hurricane activity, and the climatic forcing mechanisms responsible for modulating intense-hurricane landfalls, is critical to assess our future risk because these past hurricane patterns may be analogs for future climate scenarios.

In this work we present a near annually-resolved 2,000-year record of intense-hurricane related event beds preserved within the sediment recovered from a coastal pond (Salt Pond) in Falmouth, MA, USA (Fig. 1). In combination with other previously published reconstructions from the western North Atlantic, we assess geographic patterns of intense-hurricane activity and associated climate forcings. We find that regional changes in North Atlantic SST contributed to historically-unprecedented levels of intense-hurricane activity. Warm SST throughout the main development region (MDR; Fig. 1a) contributed to high levels of intense-hurricane activity across the western North Atlantic for much of the first
millennium CE. Later, a warm SST anomaly in the western North Atlantic at the onset of the Little Ice Age (ca. 1400-1675 CE), coincident with a southerly shift in the Intertropical Convergence Zone (ITCZ) potentially leading to increased hurricane genesis off the southeast coast of the US, likely contributed to an active interval of intense-hurricane activity restricted to the North American east coast, when sites in the Caribbean and Gulf of Mexico experienced low levels of intense-hurricane activity. The correspondence of active intense-hurricane regimes with regional warm sea-surface temperature anomalies, lends support to model projections of future increases in hurricane intensity associated with sea-surface warming related to greenhouse-gas emissions.

2. Methods

2.1 Study Site and Field Methods

The site of our newly developed reconstruction (Salt Pond) is a brackish coastal pond connected to the ocean via a tidal inlet with a ~1.3 – 1.8 m high (above mean high water (MHW)) coastal barrier (Fig. 1). Salt Pond formed from an ice block depression (kettle) in glacial outwash sediments a few hundred meters south of the Buzzards Bay recessional moraine. Salt Pond is approximately 26 hectares in area and has a relatively small total catchment area of about 70 hectares. The surface of the outwash plain surrounding the pond is gently sloping with a gradient of approximately 6° and there are no significant surface water and sediment inputs from the surrounding landscape into the pond. Nearly all freshwater flux is through groundwater infiltration through the stratified coarse grained outwash sediments. Mean tidal range on the open coast is approximately 0.5 m (http://tidesandcurrents.noaa.gov/), limiting the influence of stage of astronomical tide on susceptibility of the barrier to overwash during storms. We used an Edgetech 3100 Chirp subbottom sonar system with a 4-24 kHz fish floating at the water surface was used to map
the bathymetry and subbottom stratigraphic architecture of Salt Pond (Supplementary Fig. 1). Core locations were based on bathymetry and subbottom data. Water column salinity and temperature profiles were taken with a portable YSI Castaway CTD (Supplementary Fig. 2). We collected a series of hand driven vibracores from a raft. In each case we collected a series of replicate vibracores in an effort to maximize the total sediment recovered. In addition, we collected a replicate surface drive between 1 and 2 m long using a 7.5 cm diameter polycarbonate piston core at each core location to ensure we recovered an intact sediment/water interface (preserving the most recent portion of the record) at each coring location.

2.2 Laboratory Analysis
Cores were transported to the laboratory, sectioned, split and described. Archived core halves were scanned on the ITRAX X-ray fluorescence (XRF) scanner at Woods Hole Oceanographic Institution (WHOI). X-ray radiography was measured simultaneously with elemental chemistry at 200 μm resolution. We focused our analysis on cores collected from the deepest region of the basin (i.e., SP2 and SP6; Fig. 1c). In core SP2 and for the upper 50 cm of core SP6 we measured the organic content of the sediment using loss on ignition [Dean, 1974] (LOI) every contiguous half centimeter. Following the LOI process we sieved the remaining ash at 32 μm and then 63 μm and dried and weighed the residual to determine the percentage of these fractions relative to the total dry weight of the sediment. Weighing errors of ±0.002 g result in percent coarse uncertainties of ±0.25% (at 95% confidence).

2.3 Chronology
We use several isotopic and stratigraphic dating methods to establish age control. The activity of $^{137}$Cs within sediments provides stratigraphic markers associated with nuclear weapons
testing. The beginning of $^{137}\text{Cs}$ deposition occurred in 1954, followed by peaks in 1959 and 1963 CE \cite{Dunphy and Dibb, 1994}. The $^{137}\text{Cs}$ activity of selected subsamples from cores SP2 and SP6 were measured at WHOI using a high-resolution Canberra gamma detector.

Pollution horizons preserved in the sediments can also provide a dated stratigraphic marker. For example, lead pollution introduced to the atmosphere beginning at the onset of the industrial revolution quickly precipitated out of the atmosphere and was rendered immobile in anoxic sediments \cite{McCaffrey and Thomson, 1980}. Records of lead pollution preserved in sediments can provide a stratigraphic marker that dates to the late-1800s \cite{Donnelly et al., 2001} and when lead was removed from gasoline in the 1970s and 1980s \cite{Wu and Boyle, 1997; McConnell et al., 2002}. We use lead levels from XRF scans to examine temporal trends in lead content of the sediment.

Regional alteration of terrestrial flora as documented by fossil pollen records also provide chronostratigraphic markers. We took 1 cm$^3$ samples at 20 cm intervals (~40 year resolution) throughout SP2 for pollen analysis. Samples were processed using standard techniques \cite{Faegri and Iverson, 1989} and pollen was identified and counted to over 400 arboreal taxa per level. The increase of native and introduced weeds (ragweed (\textit{Ambrosia sp.} L.) and sorrel (\textit{Rumex sp.} L.), respectively) associated with European-style clearance in the northeastern U.S. is well represented by pollen data, providing a well-dated stratigraphic marker \cite{Russell, 1993}. Opaque spherules were also identified and counted in all pollen samples, where a 1900 CE rise in the northeast US has been associated with industrial activities \cite{Clark and Patterson, 1985}.

Terrestrial macrofossils preserved within core SP2 were dated by accelerator mass spectrometry (AMS) radiocarbon techniques at the National Ocean Sciences Accelerator Mass
Spectrometer (NOSAMS) facility at WHOI (Fig. 2b; Supplementary Table 1). Radiocarbon results were calibrated for secular changes in atmospheric radiocarbon concentrations (IntCal13 [Reimer et al., 2013]). Age models and associated 95% uncertainties were computed using BACON (Bayesian accumulation histories for deposits) software [Blaauw and Christen, 2011] for SP2 and previously published sites used for comparison: Thatchpoint Bluehole [van Hengstum et al., 2013], Laguna Playa Grande, Vieques [Donnelly and Woodruff, 2007], and the Cariaco Basin SST record [Wurtzel et al., 2013; from original radiocarbon results in Black et al., 1999]. Thus, the age models for Thatchpoint and Vieques are updated from the originally published versions (Supplementary Fig. 3), which were simple linear interpolated segments between dated index points.

2.4 Determining event bed threshold

In order to determine a cutoff for what constitutes an event bed at Salt Pond we calculated the cumulative distribution of coarse fraction that exceeded 99% of the data over the historical interval in core SP2 (last 393 years), or 1.34%. In turn, we define events over the entirety of the 2,000-year SP2 record based on those coarse fraction peaks that exceed 1.34% coarse fraction (Fig. 2a). In order to filter out the multiyear to decadal variability in coarse fraction, we subtract an 11-point moving average from the data that excludes coarse fraction values that exceed 5%. By excluding the large peaks in coarse fraction from the moving average we prevent the filter from screening coarse fraction peaks adjacent to large peaks in coarse fraction that in other parts of our record would be well above our event threshold of 1.34%.

2.5 Determining Event frequency

We follow the approach by Lane et al. [2011] and generate an event frequency per 100 years for the SP2 record by applying a sliding 162-year window, the same duration of the historic
best-track data set, through the event data. This facilitates comparisons between storm
frequency in the instrumental record (1851–2013 CE) and event frequency in the paleorecord.
Moving averages of event frequency were obtained using the average occurrence rate of
significant coarse fraction anomalies per year within the sliding 162-year window.

The frequency plot for Mullet Pond follows that originally published by Lane et al. [2011].
However, the frequency plot for Spring Creek Pond [Brandon et al., 2013] was created by
applying a D90 threshold of 325 μm for defining intense-hurricane event beds (roughly
equivalent to modeled category 3 intensity) and then applying the 162 year moving window
as above. For the Laguna Playa Grande record from Vieques (LPG4) [Donnelly and
Woodruff, 2007], a 31-point moving average was subtracted from the data to filter out long-
term variations in mean grain size and then we applied a threshold of 12 μm for event beds. A
moving average of event frequency was obtained using the average occurrence rate of
significant coarse fraction anomalies per year within the sliding 162-year window as above.
For the Lighthouse Bluehole [Denommee et al., 2014] frequency plot we converted the events
per 20 year data provided by Denommee et al. to events per century with a 162-year moving
average.

2.6 Calculating Expected Frequency Based on Observational Record

To calculate an estimate of modern return rate (λ) for the Salt Pond Site we used the frequency
of category 2 or greater hurricanes in the northeastern USA over the past 162 years (the
interval of the NOAA Best Track dataset), which is the approximate threshold event based on
historic event bed deposition (see results below). Seven events with sustained winds over 43
m/s (≥CAT 2 intensity) made landfall in southern New England since 1851 CE
(Supplementary Fig. 4) resulting in a probability of 4 storms per century for the entire
southern New England coast. The maximum impact from surge and waves is typically felt within the radius of maximum winds to the west of the storm track in New England as the storms translate northwards. As a result we divide the 325 km of southern New England by the mean radius of maximum winds at this latitude of 65 km [Boldt et al., 2010; Kossin et al., 2007] and divide the probability of a category 2 or greater landfall in southern New England by that value. Thus, \( \lambda = \frac{(7\text{events}/162\text{ years}) \times 100}{325\text{ km}/65\text{ km}} = 0.9 \text{ events per century}/65\text{ km of the southern New England coast. Implicit in this estimate is the assumption that the probability of a category 2 or greater hurricane strike is equal along the entire southern New England coast.}

As a result of the stochastic nature of hurricane landfalls, the number of storms impacting a specific site might vary from one sampled period to the next even if the statistics of Atlantic hurricanes were stationary through time. Thus, some portion of the variability in local flooding frequency may be due to chance alone, while the remainder may have resulted from actual changes in hurricane climate. We calculate the cumulative Poisson probability (P) of equaling or exceeding 0, 1, 2, 3, 4, and 5 events per century (x) given the expected probability (\( \lambda \)).

\[
P(x, \lambda) = 1 - \sum_{k=0}^{x} \frac{e^{-\lambda} \lambda^k}{k!}
\]
3. Results and Discussion

3.1 Salt Pond Reconstruction

3.1.1 Event Beds and Chronology

The 5.5 m deep basin in the northeast corner of Salt Pond, about 400 m from the current shoreline (Fig. 1), has rapidly filled with sediment over the last two millennia (sedimentation rates between 4 and 7 mm/year; Fig. 2). Core SP2 is 840 cm long and numerous quartz sand (>63 μm) event beds punctuate the otherwise fine-grained, organic-rich sediments (Fig. 2a, d). Salinity stratification (Supplementary Fig. 2) results in anoxic bottom water preserving annual laminations throughout much of the archive. As described above, we define event beds as those coarse fraction peaks that exceed 99% of the cumulative distribution of coarse fraction over the historical interval (last 393 years), or >1.34% coarse fraction (Fig. 2a). Based on this criterion we identify 35 event beds in core SP2 (Fig. 2a).

A combination of radiocarbon dates on plant macrofossils and chronostratigraphic markers provide age control for core SP2 (Fig. 2b). We interpret the increase in total herbs and the appearance of cereal rye (Secale cereal L.) pollen in the record at 235-236 cm in SP2 as the onset of European land clearance and agriculture in the late 1660s and 1670s [Geoffrey, 1930] (Fig. 2b; Supplementary Fig. 5). The appearance of English plantain (Plantago lanceolata L.) pollen at 144-145 cm provides evidence of the introduction of this non-native species in the first half of the 19th century (1800-1850 CE) [Clark and Patterson, 1985]. The dramatic increase in opaque spherules at 59-60 cm (Fig. 2b; Supplementary Fig. 5) is coincident with the rise in lead pollution and likely dates to the industrial revolution in the late 19th and early 20th centuries [Donnelly et al., 2001]. $^{137}$Cs activity provides dated markers associated with nuclear
weapon testing [Dunphy and Dibb, 1994] with the initial rise at 39.5 cm dating to 1954 CE, and peaks in activity at 36.5 and 32.5 cm dating to 1959 and 1963 CE, respectively (Fig. 2c). The decrease in lead levels that occurs between ~28 and 18 cm (Fig. 2c) is diagnostic of reduced lead accumulation related to its removal from gasoline in the 1970s and 1980s [Wu and Boyle, 1997].

3.1.2 Event Attribution

The most recently deposited coarse-grained event bed (#1) occurs at about 10 cm depth and based on our age model dates to between 1982 and 2005 CE at 95% confidence (Fig. 2b, c; Supplementary Fig. 6). This event bed was likely deposited by Hurricane Bob in 1991 CE, the only category 2 or greater storm since 1851 CE [Landsea et al., 2004] to pass within 100 km to the west of Falmouth (Supplementary Fig. 4). Hurricane Bob passed about 60 km west of Salt Pond (Fig. 1b) with maximum sustained winds of 45 m/s, causing a storm tide ~1.6 m above MHW in Falmouth [Boldt et al., 2010] and maximum offshore wave heights of approximately 4 meters [Cheung et al., 2007]. Washover fans across the western portion of the barrier fronting Salt Pond evident in aerial photographs taken immediately following Hurricane Bob indicate overtopping by the combination of surge and wave runup (Supplementary Fig. 7). Historically, severe winter storms and tropical cyclones that either pass offshore or make landfall to the east have failed to produce storm tides capable of overtopping the barrier fronting Salt Pond (see supplemental material) [Boldt et al., 2010]. Conversely, hurricanes that made landfall further west than Bob in the middle part of the 20th century (e.g., 1938, 1944 CE) produced storm tides capable of overtopping the Salt Pond barrier [Boldt et al., 2010], yet these events did not leave coarse event bed in Salt Pond. The lack of distinct event beds related to these more distal hurricane strikes suggests that local wind speeds in Falmouth were insufficient to generate waves large enough to transport
sediment the more than 400 m to the deep basin in the northeast corner of Salt Pond. For example, 1-minute sustained wind speeds associated with the 1938 Hurricane at Edgartown, 20 km southeast of Salt Pond, were only 33 m/s [Brown, 1939] (using a conversion factor of 1.07 from 5-minute to 1-minute sustained winds). Similarly, the closest maximum sustained wind observation for the 1944 hurricane of 27 m/s comes from Nantucket (~57 km to the southeast of Salt Pond) [Sumner, 1944]. In contrast, maximum sustained winds in Falmouth during Hurricane Bob were measured at 38 m/s, with gusts reaching 56 m/s [Mayfield, 1991].

Deeper in core SP2, two event beds at 253 cm and 235 cm depth, date to 1614-1660 CE (mean = 1639 CE) and 1668-1695 CE (mean = 1679 CE) at 95% confidence, respectively (Supplementary Fig. 5). These event beds were most likely deposited by well-documented severe hurricane strikes in 1635 and 1675 CE [Ludlum, 1963]. The first of these is the Great Colonial Hurricane of August 25, 1635, which passed across southeastern New England and caused widespread damage consistent with a category 3 hurricane [Boose et al., 2001]. Hindcast surge modeling indicates surge likely reached about 3.5 m at Salt Pond [Boldt et al., 2010]. Both the track and impact of the 1675 (September 7) hurricane were similar to the Great Colonial Hurricane of 1635 in southeastern New England [Ludlum, 1963].

The hurricane-induced event beds preserved in the historic sediments at Salt Pond indicate a similar frequency of severe hurricane impacts compared to those derived from our approach using the Best Track data that we discuss above. Specifically, three events in 393 years (1620-2013 CE) yields a frequency of 0.8 events per century compared to a value of 0.9 events per century derived from the approach using category 2 or stronger storms making landfall in all of southern New England since 1851 CE and dividing by the mean radius of maximum winds.
3.1.3 Changes in event frequency

The Salt Pond record indicates considerable changes in the frequency of event beds over the last 2000 years, with historically unprecedented intervals of event-bed deposition. A total of thirty-five event layers were deposited over the last 2000 years (Figs. 2a and 3a); the highest frequencies were reached at 1420-1675 CE (10 event beds, #2-11) and 150-1150 CE (23 event beds, #13-35). Assuming hurricane landfall occurrence follows a Poisson process we can estimate the probability of exceeding the number of events expected by random chance alone. For example, using 0.9 events per century as the expected rate (λ) (derived from the 162-year NOAA Best Track Dataset, Supplementary Fig. 4), the probability of experiencing three or more events in any one century is 0.06 (6%). Several intervals in the 4th to 7th centuries, 11th century, and 15th to early 17th centuries exceed this frequency (Fig. 3a). The probability of experiencing one or more events in any one century is 0.6 (60%). However, the probability of experiencing ten consecutive centuries with one or more events per century, as recorded at Salt Pond between ca. 150 and 1150 CE, is quite low at 0.006 (0.6%). Similarly, the probability of experiencing two or more events in two consecutive centuries, as reconstructed in Salt Pond between ca. 1440 and 1640 CE (Fig. 3a), is only 0.04 (4%), and in fact event bed frequency exceeds three events per century through most of this interval. Hence, compared to modern event frequencies in the region, significant portions of the 2,000-year Salt Pond record exceed what would be expected based on random event occurrence alone.

3.1.4 Event Intensity

Given that sedimentary archives only preserve evidence of events that exceed the local intensity threshold necessary to transport and deposit coarse grained material to sediment
depo-centers, archives such as Salt Pond are likely to record the passage of more intense storms. As a result, the temporal patterns in event bed deposition may reflect changes in the frequency of only the more intense storms that are capable of producing event beds. The populations of storms that can locally produce event deposits likely have varying characteristics (e.g., track, intensity, size) [Lin et al., 2014]. In the case of Salt Pond, less intense historical events (minor tropical cyclones, extratropical storms, and more distal intense storms) have been unable to generate local surge, wave heights and currents sufficient to transport sand-sized material more than 400 m from the barrier to the location of SP2. The last 350 years of sediment accumulation at Salt Pond indicates that only relatively intense hurricanes making a close landfall (~100 km) to the west of the site have left event beds. Given modest increases in sea level over the last 2000 years in the region [Donnelly, 1998] (~2 m), the barrier fronting Salt Pond has likely transgressed landward with time, with recent historical shoreline retreat rates of ~10 m per century [Thieler, 2013]. As a result of this landward barrier translation, older event beds recorded in SP2 were likely transported greater distances than recent ones, which may point to even greater local intensities for prehistoric events relative to Hurricane Bob in 1991 CE.

Twelve of the thirty-two prehistoric event beds contain more coarse sediment than that deposited by the Great Colonial Hurricane in 1635 CE (event bed #3), despite likely being transported a greater distance due to barrier transgression related to sea-level rise. The largest coarse anomaly peak occurs at 693 cm (event bed #26, Fig. 2) and dates to ~540 CE. A rip-up clast of fine-grained organic sediment incorporated in the ~540 CE quartz sand deposit further attests to the layers origin from a high-energy event (Fig. 2d). While the amount of coarse fraction transported is only one metric for ascertaining the local intensity of an event [Brandon et al., 2013; Woodruff et al., 2008a], these large coarse fraction peaks suggest that
the competence of local event driven waves and currents to transport sand sized particles was
greater during recent prehistory than experienced over the last ~400 years. This implies that
many of the prehistoric hurricanes may have locally been more intense than those impacting
the region historically.

3.2 Regional Patterns

While the Salt Pond record provides only a local archive of intense-hurricane occurrence,
basin-wide or regional changes in hurricane climate can potentially be inferred by examining
reconstructions from different regions [Kozar et al., 2013]. One of the most active intervals at
Salt Pond consists of ten event beds between 1420 and 1675 CE (Fig. 3a), with five of these
events occurring between 1500 and 1600 CE. Several additional lines of evidence suggest
that the North American east coast (hereafter east coast) experienced heightened intense-
hurricane activity at this time. Reconstructions of hurricane-induced event beds from
Thatchpoint Bluehole in the Bahamas [van Hengstum et al., 2013] and Mattapoisett Marsh,
MA [Boldt et al., 2010] reveal similar sequences of event beds attributed to hurricanes over
the last millennium, with the most event beds between 1400 and 1675 CE (Fig. 3b, c).

Further, increased frequency of inlet formation along the Outer Banks of North Carolina
[Mallinson et al., 2011] (Fig. 3d) and extensive erosion events in Connecticut salt marshes
[van de Plassche et al., 2006] between 1400 and 1675 CE also point to increased intense
storminess.

The strong correspondence between event beds at Thatchpoint Bluehole in The Bahamas and
Salt Pond further supports that the event beds at Salt Pond are related to hurricanes.

Unfortunately, the record at Thatchpoint currently only extends back 1000 years, but the two
events there that date to close to 1100 CE appear to correspond to the very end of the earlier
active interval at Salt Pond (Fig. 3). Mattapoisett Marsh [Boldt et al., 2010] provides the closest confirmation of the period of heightened activity recorded at Salt Pond, 18 km to the southeast. Though a much lower resolution archive than Salt Pond, Mattapoisett Marsh likely records many of the same hurricane events as Salt Pond, including a cluster of 8 events between 1400 and 1675 CE (Fig. 3). In the historical period, event beds associated with hurricanes in 1991 CE and 1635 CE are recorded at both locations, however unlike Salt Pond to the southeast, Mattapoisett Marsh also records the series of hurricane strikes that made landfall further west in Long Island NY in the middle 20th century (1938, 1954-Carol, 1960-Donna, 1815, 1727 CE). Given their close proximity and the overlapping ages of event beds at both sites, many of the same prehistoric events recorded at Salt Pond are likely also present at Mattapoisett Marsh. Similar to the historical interval, however, Mattapoisett Marsh also likely records some hurricanes making landfall further west.

Increased frequency of barrier island breaching along the Outer Banks of North Carolina provides further evidence of enhanced storminess along the east coast between 1400 and 1675 CE [Mallinson et al., 2011] (Fig. 3d). At least 15 barrier-beach breaches occurred in this interval, which is in stark contrast to the preceding and following two centuries when only one or two breaches occurred. Earlier, at least seven inlets were cut in the Outer Banks between 500 and 1100 CE when Salt Pond also shows heightened event bed deposition. Only one inlet breach was documented prior to 500 CE, but the low preservation potential of older inlets as the barriers transgress landward with sea-level rise likely limit the length of this archive.

Taken together, the four different reconstructions provide evidence of a synchronous interval of heightened intense-hurricane activity along the east coast between 1400 and 1675 CE.
However, when one compares these records to reconstructions from the Gulf of Mexico (GoM) (Fig. 4b, c) and Caribbean (Fig. 4d, e) a more complex pattern emerges. For example, the interval between 1400 and 1675 CE appears to be one of relatively low intense-hurricane activity in the GoM and Caribbean, as reconstructions from Vieques [Donnelly and Woodruff, 2007], Belize [Denommee et al., 2014], and Apalachee Bay, FL [Brandon et al., 2013; Lane et al., 2011] all preserve relatively few event beds at this time (Fig. 4b-e). Thus, the interval of elevated intense-hurricane activity between 1400 and 1675 CE appears to have been restricted to the east coast.

The earlier period of heightened event bed deposition at Salt Pond from 150 to 1150 CE is one where other overwash proxy records from the western North Atlantic also reveal frequent event bed deposition, though the timing of peaks in activity sometimes vary (Fig. 4). These records suggest that the entire North Atlantic basin experienced more frequent intense-hurricane strikes over much of this interval. However, the reconstructions from the Caribbean and GoM all remain active until about 1400 CE, while the east coast is quiescent between 1150 and 1400 CE. This suggests that, either storms failed to track up the east coast, and/or conditions were not favorable for intense hurricanes to maintain their strength off the east coast at this time.

For example, an archive of the coarsest grained event deposits from Spring Creek Pond on the Florida Panhandle [Brandon et al., 2013] indicates heightened intense-hurricane frequency between 250 and 1400 CE, save a short interruption in the 8th century (Fig. 4b). Large coarse grained deposits from nearby Mullet Pond [Lane et al., 2011] are also more frequent between about 400 and 1400 CE (Fig. 4c). A reconstruction of hurricane event beds from Lighthouse Bluehole in the western Caribbean [Denommee et al., 2014] dating back to
700 CE also indicates higher incidence of events between 750 and 1400 CE relative to the last 600 years (Fig. 4). Even the lower resolution Laguna Playa Grande record [Donnelly and Woodruff, 2007] from Vieques, Puerto Rico (Fig. 4e), where storm undercounting is a significant issue due to the slow prehistoric sedimentation rate there (see discussion in [Woodruff et al., 2008b]), suggests heightened intense-hurricane activity between 250 and 1400 CE.

Like the reconstructions from Spring Creek Pond and Mullet Pond (Fig. 4), the Salt Pond sediments record few intense events over the last century. Only one event is recorded at Salt Pond (Bob in 1991) during this time, however, the lack of recent event beds may simply reflect that Falmouth was relatively fortunate in the 20th century and largely avoided severe hurricane impacts. In contrast, were Salt Pond located a short distance to the west (like Mattapoisett Marsh), the site would have more severely experienced three hurricane strikes in the middle of the 20th century (e.g., 1938, 1954, and 1960) that could potentially have left event beds. Conversely, the reconstructions from Belize (Fig. 4d), Vieques (Fig. 4e), and The Bahamas (Fig. 3b) record recent increases in event bed frequency, but interestingly the increase at Vieques appears to predate the 20th century. With the exception of Vieques, where the identification of more event beds in the historical interval may be related to an increase in sedimentation rate [Woodruff et al., 2008b], the remaining reconstructions examined here suggest the early portion of the historic interval (~1700 to 1900 CE) was relatively quiescent with respect to intense hurricanes when compared to the last two millennia.

### 3.3 Climatic Forcing

As described above, available high-resolution and well-dated reconstructions from the western North Atlantic reveal coherent patterns of intense-hurricane activity on multi-
centennial time scales over the last 2000 years. While some geographic variability exists in the timing of peaks in activity, most reconstructions indicate that much of the first millennium CE was more active than that experienced historically. The interval between 1150 and 1400 CE is one in which only the Caribbean and GoM see increased activity, while the east coast is inactive. The reconstructions from the Caribbean and GoM all see a dramatic decrease in event bed frequency around 1400 CE, when the east coast becomes active until the late 17th century.

Warm SST in the MDR of the tropical North Atlantic, coincident with a more northerly position of the ITCZ, promotes cyclogenesis and potential tropical cyclone intensity in the MDR by increasing low-level vorticity, and decreasing vertical wind shear and sea-level pressure [Kossin and Vimont, 2007]. The relationship between Atlantic hurricane activity and warm MDR SST and northerly ITCZ position has been documented on inter-annual [Kossin and Vimont, 2007] (Supplementary Fig. 8) to multi-decadal timescales [Goldenberg et al., 2001; Zhang and Delworth, 2006]. The location of the ITCZ also impacts precipitation patterns across the tropics (Supplementary Fig. 9), explaining why 20th century rainfall in the Sahel region of Africa correlates well with hurricane activity [Gray, 1990]. Similar centennial-scale shifts in ITCZ position and MDR SST may explain the strong anti-correlation observed between Ecuadoran extreme precipitation [Moy et al., 2002] with the coarsely-resolved intense-hurricane record from Vieques, Puerto Rico over the last five millennia [Donnelly and Woodruff, 2007].

While high-resolution proxy reconstructions of SST directly from the MDR (Fig. 1a) are limited by slow rates of pelagic sedimentation and the absence of suitable corals, statistical reconstructions based on networks of proxy data are available. The Mann et al. (hereafter
M09) reconstruction of MDR SST is shown in Figure 4f and documents decadal to centennial scale variations in MDR SST over the last 1500 years [Mann et al., 2009].

In modern climate, La Niña conditions typically favor increased tropical cyclone genesis in the MDR [Kossin et al., 2010] and indices of MDR SST and El Niño/Southern Oscillation are good predictors of historical Atlantic hurricane trends [Kozar et al., 2012]. Statistical modeling of basin-wide activity over the last 1500 years by M09, based primarily on MDR SST and Niño3 temperatures, predicts relatively higher levels of basin-wide hurricane activity between 500 and 1400 CE (Fig. 4g), when MDR SST is relatively warm. Consistent with the M09 model result, the coastal sediment records indicate heightened intense-hurricane activity across much of the western North Atlantic basin between ~250 and 1400 CE (Fig. 4b-e). ITCZ proxy records also show very similar variability over this time as well. For example, sedimentary Ti influx into the Cariaco Basin has been interpreted as a terrestrial runoff proxy and used to infer past changes in ITCZ position [Haug et al., 2001] (Fig. 4h). Higher levels of Ti are thought to represent more terrestrial runoff from increased precipitation in Venezuela from a more northerly mean position of the ITCZ. The Cariaco Basin Ti record closely mirrors the M09 MDR SST reconstruction, which provides further support for a close correspondence between MDR SST and ITCZ position over the last few millennia.

The lack of evidence of intense-hurricane activity along the east coast between 1150 and 1400 CE, when sites in the Caribbean and GoM remain active (Fig. 4), suggests that the trajectory of storms may have shifted away from this region. Alternatively or concurrently, conditions may have been unfavorable for hurricanes to make landfalls at sufficient intensities to leave a geological record of their occurrence. In fact, relatively cool SST off the east coast between 1150 and 1400 CE [Cronin et al., 2010; Keigwin, 1996; Wanamaker et al.,...
2008] may have limited hurricane potential intensity, reducing intense-hurricane activity there while the Caribbean and GoM remained active. Alternatively, or in combination with relatively cool SSTs off the east coast, more southerly storm genesis and/or more westerly storm trajectories may have limited intense-hurricane activity along the east coast at this time.

The reorganization of atmospheric and oceanic circulation at the transition from the Medieval Climate Anomaly to the Little Ice Age [Haug et al., 2001; Kreutz et al., 1997], around 1400 CE, brought cooler MDR SST and a more southerly ITCZ (Fig. 4h), resulting in conditions much less favorable for intense-hurricane activity generated in the MDR. Correspondingly, the M09 statistical modeling of basin-wide activity predicts relatively quiescent conditions should have prevailed (Fig. 4g) [Mann et al., 2009], and indeed reconstructions from the Caribbean and GOM show a dramatic decrease in event beds at this time. Yet paradoxically, the east coast becomes active at this time based on evidence of increased frequency of intense-hurricane landfalls from The Bahamas to New England between 1420 and 1675 CE (Fig. 3).

Regional oceanic conditions and/or shifting genesis locations may have played an important role in facilitating intense-hurricane activity along the east coast between 1420 and 1675 CE, when for example ten events (#2-11) are recorded at Salt Pond (Fig. 5a). Hydroclimate proxies from around the tropical Atlantic indicate a significant shift in tropical precipitation that suggest a southward shift in the ITCZ [Haug et al., 2001], at this time, with drought evident in the tropical northern hemisphere [e.g., Hodell et al., 2005; Shanahan et al., 2009] and increased precipitation in the tropical southern hemisphere [e.g., Bird et al., 2011; Thompson et al., 2013]. In the annually constrained archives from Lake Bostumtwi, Ghana [Shanahan et al., 2009] and the Quelccaya Ice Cap, Peru [Thompson et al. 2013] the
hydroclimate changes consistent with a more southerly ITCZ also initiated close to 1420 CE and persisted until the late 17th century (Fig. 5b, c). Examining high-resolution SST reconstructions available from the western North Atlantic margin (Fig. 5d-f) reveals that much of this interval is also one of relatively warm SST along the east coast. A Gulf of Maine reconstruction [Wanamaker et al., 2008] appears to captures the onset of this warm SST anomaly indicating a rapid ~2 °C increase around 1400 CE (Fig. 5b), which they attribute to increased influence of the Gulf Stream, however reservoir age uncertainties currently hamper precisely dating this floating chronology [Wanamaker et al., 2013]. An annually dated Bahamian coral-derived temperature reconstruction dating back to 1550 CE [Saenger et al., 2009] captures a warm interval and the subsequent cooling (Fig. 5e). Reconstructed summer/fall SSTs from the Cariaco Basin [Wurtzel et al., 2013] also capture a warm excursion at this time, though here it persists into the 18th century (Fig. 5f). Comparing the probability distributions (95% confidence) of the onset of the active hurricane interval at Salt Pond with that of the onset of warmer summer/fall SSTs in the Cariaco Basin archive indicates that they may be nearly synchronous within age uncertainties (Fig. 5).

SST warming at approximately this time is also evident in more coarsely resolved and poorly dated SST records from the Bermuda Rise [Keigwin, 1996] and Chesapeake Bay [Cronin et al., 2010] and coincides with increased transport in the upper 100 m of the Florida Current [Lund et al., 2006]. The combination of increased Florida Current transport and a warm SST anomaly along the east coast could be related to an increase in Atlantic meridional overturning circulation (AMOC) at this time. This potential association of AMOC strengthening and a southerly shift in ITCZ is contrary to some model results which indicate a southerly migration of the ITCZ is associated with AMOC weakening [Srokosz et al., 2012].
In the modern climate, hurricanes that disproportionately impact only the east coast develop from prior extratropical disturbances off the southeastern coast of the United States in the subtropical western North Atlantic (i.e., tropical transition) [McTaggart-Cowan et al., 2008]. Therefore, paleoclimate conditions that increased tropical transition cyclogenesis could enhance east coast hurricane activity. For example, the southward shift in the ITCZ (Fig. 4h; Fig. 5b,c) [Thompson et al., 2013; Shanahan et al., 2009] at the onset of the Little Ice Age (ca. 1400-1600 CE), which is likely the result of high latitude cooling [Broccoli et al., 2006] and expanding northern hemisphere ice cover [Chiang and Bitz, 2005; Miller et al., 2012], could have shifted the track of extratropical disturbances southward, and thus facilitated more hurricane genesis via tropical transition. Examining hurricane genesis with the Atlantic Meridional Mode (AMM), which is an index that captures the interannual variability of the ITCZ and MDR SST (Fig. 1a), points to increased hurricane genesis off the southeastern US coast during the most negative phase of AMM (more southerly ITCZ and relatively cool MDR SST) [Kossin and Vimont, 2007; Kossin et al., 2010]. In addition, high latitude cooling in combination with the warm SST anomaly in the western North Atlantic would have increased meridional temperature gradients and enhanced atmospheric baroclinicity, which in turn could have increased tropical transition cyclogenesis. Over the period of instrumental data, hurricanes forming via tropical transition in this region do not become as intense as their counterparts that form in the MDR [McTaggart-Cowan et al., 2008], but the warm SST event in the western North Atlantic may have contributed to significant intensification of hurricanes forming off eastern North America during the 15th and 16th centuries.

Compared to the 1500-year model prediction of M09, Atlantic hurricane activity increased significantly over the last century (Fig. 4g) in association with warming MDR SST. Most of this increase in hurricane activity occurred in the middle decades of the 20th century and then
the last two decades. However, only Thatchpoint, Bahamas (Fig. 3b), Mattapoisett Marsh, MA (Fig. 3c), and Lighthouse Bluehole, Belize (Fig. 4d) provide evidence of an increase in event bed frequency in the 20th century. The lack of a coherent pattern of increased hurricane activity across sites may reflect the stochastic nature of landfalling hurricanes and the relatively short interval of warm SST in the MDR. More time in the current regime of relatively warm MDR SST and a greater distribution of sedimentary archives of these events are necessary to better evaluate any recent trends in hurricane activity with sedimentary archives.

4. Conclusions and Implications

Our study reveals that periods of frequent intense-hurricane landfalls that exceeded historical levels occurred over the last 2,000 years. Many prehistoric hurricane events beds contain more coarse sediment than historical events, which suggests prehistoric events may have also achieved greater intensity relative to historical hurricanes. As a result, risk assessments based solely on historical evidence may significantly underestimate hurricane threats to coastal communities. Centennial-scale shifts in MDR SST and associated migration of the ITCZ played an important role in driving basin-wide changes in intense-hurricane activity. Persistently warm MDR SST drove heightened levels of intense-hurricane activity across much of the western North Atlantic between ~250 and 1400 CE, however activity along the east coast was suppressed between 1150 and 1400 CE. A shift in intense-hurricane activity from the Caribbean and GoM to the east coast occurred at the onset of the Little Ice Age (ca. 1400 CE). The ensuing interval of heightened intense-hurricane activity confined to the east coast between about 1400 and 1675 CE may have been driven by a combination of increased tropical transition cyclogenesis and elevated SSTs off the east coast. While some sediment-based reconstructions point to modest recent increases in hurricane landfalls in the last
century when MDR SST has warmed, others like Salt Pond do not. However, the lack of a coherent recent increase in intense-hurricane event beds may simply reflect the stochastic nature of hurricane landfalls and the relatively short period of recent warm MDR SST.

Future anthropogenic warming will likely be focused in the northern hemisphere, and as a result the ITCZ will occupy a more northerly position [Broecker and Putnam, 2013], potentially leading to increased hurricane genesis in the MDR [Kossin and Vimont, 2007; Merlis et al., 2013]. More cyclogenesis in the MDR will likely also significantly impact the intensity of storms impacting the highly populated western North Atlantic margin, as these long-lived storms tend to become more intense. Thus, intervals with historically unprecedented intense-hurricane activity over the past two millennia provide important analogs for evaluating future hurricane risk. AMOC is projected to weaken over the 20th century due in greenhouse gas warming [Stocker et al., 2013], but natural variability could result in AMOC strengthening at times. Reduced heat transport via AMOC could cool the higher latitude North Atlantic and potentially offset anthropogenic warming and thus limit future intense-hurricane activity off the east coast. Unfortunately, significant uncertainties exist in the future AMOC variability [Srokosz et al., 2012]. From the perspective of the last two millennia, the magnitude of threat of intense-hurricane landfalls along the North American east coast is likely sensitive to SST both in the MDR as well as along the western North Atlantic margin. Our results confirm modern observations [K Emanuel, 2005; Goldenberg et al., 2001] and theoretical studies [K Emanuel et al., 2004] that link increased hurricane activity with intervals of warmer SST, and provide important context for examining projections of future hurricane activity.
Figure 1. Location maps. (a) Correlation map of boreal summer SST and AMM. SSTs are warmer during positive AMM. Triangles show locations of paleo-hurricane reconstructions presented here (1 - Salt Pond [this study] and Mattapoisett Marsh [Boldt et al., 2010]; 2 - Outer Banks inlets [Mallinson et al., 2011]; 3 - Thatchpoint Blue Hole [van Hengstum et al., 2013], 4 - Mullet Pond [Lane et al., 2011] and Spring Creek Pond [Brandon et al., 2013]; 5 - Lighthouse Blue Hole [Denommee et al., 2014]; 6 - Laguna Playa Grande [Donnelly and Woodruff, 2007]). The main development region for North Atlantic tropical cyclones is noted.
in the dashed box. Locations of additional paleoclimate proxy records presented in Figs. 4 and 5 are noted with squares (7 - Cariaco Basin [Wurtzel et al., 2013; Haug et al., 2001]; 8 - Gulf of Maine SST [Wanamaker et al., 2008]; 9 - Bahamas SST [Saenger et al., 2009]; 10 - Quelccaya Ice Cap [Thompson et al., 2013]; 11 - Lake Bosumtwi [Shanahan et al., 2009]).

Genesis locations for hurricanes forming in the most positive AMM (+) and most negative AMM (o) years are shown. Note the increase in genesis off the North American east coast in negative AMM. (b) Location of Salt Pond (SP) and Mattapoisett Marsh (MM) [Boldt et al., 2010] in southeastern New England and approximate tracks of historical hurricanes thought to have left a coarse event bed in Salt Pond sediments. (c) Map of Salt Pond showing core locations (SP2, SP6) and bathymetry and topography in meters.

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Figure 2. Overwash event record from Salt Pond, MA. (a) Percent sand fraction (>63 μm) results (red) from core collected from the deepest part of the basin (SP2) with 11 point running mean filter that excludes coarse fraction values exceeding 5% (black). Dashed line is event threshold of >1.34 %. Events are numbered 1-35. (b) Age model derived from radiocarbon (2σ ranges thin bars and 1σ ranges thick bars; 95% confidence bounds shown around mean age; Supplementary Table 1) and stratigraphic dates, including pollen evidence (green) of European land clearance and agriculture in the late 17th century and the introduction of English plantain in the early 19th century (Supplementary Fig. 5). 137Cs activity provides ages related to nuclear weapons testing in the middle 20th century (blue). Pb pollution and opaque spherules provide ages related to industrialization (purple). (c) Blow up of the upper 45 cm of percent sand fraction data with 137Cs and bulk Pb pollution chrono-horizons. The event bed attributed to Hurricane Bob is noted. This portion of the record is replicated in core SP6 (Supplementary Fig. 6). (d) Photograph of event bed 26 at 693 cm.
**Figure 3.** Comparison of hurricane proxy records from North American east coast. (a) Coarse anomaly plot from Salt Pond with event bed threshold of 1.34% coarse shown as dashed line. Historical hurricane strikes attributed to event beds are noted. Gray is event frequency with associated Poisson probabilities of occurrence assuming 0.9 events/century (i.e., modern climatology). Arrows are continuous centuries with more than 1 event per century and 2 events per century and their associated probabilities under modern climatology. (b) Event deposits from Thatchpoint Bluehole, Bahamas. (c) Mattapoisett events. (d) Inlet Formation Outer Banks, NC.
beds from a sediment core from Thatchpoint blue hole in The Bahamas [van Hengstum et al., 2013].

(c) Cumulative event frequency of overwash events preserved in Mattapoisett Marsh, MA [Boldt et al., 2010]. Mattapoisett Marsh is a backbarrier salt marsh 18 km to the northwest of Salt Pond. (d) Cumulative frequency plot of inlet formation from the Outer Banks of NC [Mallinson et al., 2011]. Shading is intervals (150-1150 CE and 1400-1675 CE) when Salt Pond records heightened intense-hurricane related event beds.
**Figure 4.** Comparison of Salt Pond reconstruction with Caribbean and GoM hurricane proxy records, reconstructed MDR SST, modeled hurricane activity, and Cariaco Basin runoff. (a) Event bed frequency at Salt Pond, MA (as in Fig. 3). (b) Intense-hurricane event bed
frequency from Spring Creek Pond, FL [Brandon et al., 2013]. (c) Intense-hurricane event bed frequency from Mullet Pond, FL [Lane et al., 2011]. (d) Event bed frequency from Lighthouse Bluehole, Belize [Denommee et al., 2014]. (e) Event bed frequency at Laguna Playa Grande, Vieques [Donnelly and Woodruff, 2007]. (f) MDR SST anomaly reconstruction (purple) with 95% uncertainty envelope (gray) [Mann et al., 2009]. NOAA ERSST MDR SST data for 1870-2006 (black) [Mann et al., 2009]. (g) Smoothed modern annual Atlantic tropical cyclone counts (red) and statistical model estimates of basin-wide tropical cyclone counts from 500–1850 CE (blue) [Mann et al., 2009]. (h) Ti record from Cariaco Basin sediments thought to reflect changes in terrestrial runoff and the position of the ITCZ [Haug et al., 2001]. Gray shading is interval between 250 and 1150 CE when all sites have heightened intense-hurricane related event beds. Diagonal gray shading is interval between 1150 and 1400 CE when Caribbean and GoM sites have heightened intense-hurricane related event beds and the North American east coast is inactive. Beige shading is interval between 1400 and 1675 CE when only the North American east coast is active (Fig. 3).
Figure 5. Climatic drivers of increased east coast intense-hurricane activity between 1400 and 1675 CE. (a) Salt Pond events and event frequency (same as Fig. 3a) for the interval
1300-1800 CE. Shaded area is interval with ten event beds from 1420 to 1675 CE. (b) Accumulation rate (decadal average; meters of water equivalent per year (m.w.e./yr)) of the Quelccaya Ice Cap in Peru [Thompson et al., 2013]. (c) δ¹⁸O derived lake level proxy (5-yr average) from Lake Bosumtwi in West Africa [Shanahan et al., 2009]. (d) δ¹⁸O based SST reconstruction from three Arctica islandica samples from the Gulf of Maine (annual data in gray; 11 year moving average in black) [Wanamaker et al., 2008]. (e) Coral based SST reconstruction from the Bahamas [Saenger et al., 2009]. (f) Mg/Ca derived Globigerinoides ruber summer/fall SST reconstruction from the Cariaco Basin [Wurtzel et al., 2013]. 95% probability distributions (bottom) for the initiation of the active interval at Salt Pond ca. 1420 CE (red) and the rise in summer/fall SST in the Cariaco Basin (green). Asterisks (red for Salt Pond; green for Cariaco Basin) indicate interval that relates to the age probability distribution shown.

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access/paleoclimatology-data) and WHOI Coastal Systems Group (http://www.whoi.edu/science/GG/coastal/) web pages.

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