The C_{32} alkane-1,15-diol as a proxy of late Quaternary riverine input in coastal margins

Julie Lattaud¹, Denise Dorhout¹, Hartmut Schulz², Isla S. Castañeda¹,a, Enno Schefuß³, Jaap S. Sinninghe Damstè¹,⁴, and Stefan Schouten¹,⁴

¹NIOZ Royal Netherlands Institute for Sea Research, Department of Marine Microbiology and Biogeochemistry, Utrecht University, P.O. Box 59, 1790 AB Den Burg, the Netherlands
²University of Tübingen, Department of Geosciences, Hölderlinstraße 12, 72074 Tübingen, Germany
³MARUM Center for Marine Environmental Sciences, University of Bremen, Bremen, Germany
⁴Utrecht University, Department of Earth Sciences, Faculty of Geosciences, Budapestlaan 4, 3584 CD Utrecht, the Netherlands

¹present address: University of Massachusetts, Department of Geological sciences, 244 Morrill Science Center, Amherst, USA

Correspondence to: Julie Lattaud (julie.lattaud@nioz.nl)

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Abstract. The study of past sedimentary records from coastal margins allows us to reconstruct variations in terrestrial input into the marine realm and to gain insight into continental climatic variability. There are numerous organic proxies for tracing terrestrial input into marine environments but none that strictly reflect the input of river-produced organic matter. Here, we test the fractional abundance of the C_{32} alkane 1,15-diol relative to all 1,13- and 1,15-long-chain diols (F_{C32 1,15}) as a tracer of input of river-produced organic matter in the marine realm in surface and Quaternary (0–45 ka) sediments on the shelf off the Zambezi and nearby smaller rivers in the Mozambique Channel (western Indian Ocean). A Quaternary (0–22 ka) sediment record off the Nile River mouth in the eastern Mediterranean was also studied for long-chain diols. For the Mozambique Channel, surface sediments of sites most proximal to Mozambique rivers showed the highest F_{1,15–C_{32}} (up to 10 %). The sedimentary record shows high (15–35 %) pre-Holocene F_{1,15–C_{32}} and low (< 10 %) Holocene F_{1,15–C_{32}} values, with a major decrease between 18 and 12 ka. F_{1,15–C_{32}} is significantly correlated (r² = 0.83, p < 0.001) with the branched and isoprenoid tetraether (BIT) index, a proxy for the input of soil and river-produced organic matter in the marine environment, which declines from 0.25 to 0.60 for the pre-Holocene to < 0.10 for the Holocene. This decrease in both F_{C32 1,15} and the BIT is interpreted to be mainly due to rising sea level, which caused the Zambezi River mouth to become more distal to our study site, thereby decreasing riverine input at the core location. Some small discrepancies are observed between the records of the BIT index and F_{C32 1,15} for Heinrich Event 1 (H1) and the Younger Dryas (YD), which may be explained by a change in soil sources in the catchment area rather than a change in river influx. Like for the Mozambique Channel, a significant correlation between F_{C32 1,15} and the BIT index (r² = 0.38, p < 0.001) is observed for the eastern Mediterranean Nile record. Here also, the BIT index and F_{C32 1,15} are lower in the Holocene than in the pre-Holocene, which is likely due to the sea level rise. In general, the differences between the BIT index and F_{C32 1,15} eastern Mediterranean Nile records can be explained by the fact that the BIT index is not only affected by riverine runoff but also by vegetation cover with increasing cover leading to lower soil erosion. Our results confirm that F_{C32 1,15} is a complementary proxy for tracing riverine input of organic matter into marine shelf settings, and, in comparison with other proxies, it seems not to be affected by soil and vegetation changes in the catchment area.

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1 Introduction

Freshwater discharge from river basins into the ocean has an important influence on the dynamics of many coastal regions. Terrestrial organic matter (OM) input by fluvial and aeolian transport represents a large source of OM to the ocean (Schlesinger and Melack, 1981). Deltaic and marine sediments close to the outflow of large rivers form a sink of terrestrial OM and integrate a history of river, catchment, and oceanic variability (Hedges and Oades, 1997).

Terrestrial OM can be differentiated from marine OM using carbon to nitrogen (C/N) ratios and the bulk carbon isotopic composition ($^{13}$C) of sedimentary OM (e.g., Meyers, 1994). The abundance of N-free macromolecules such as lignin or cellulose result in organic carbon-rich plant tissues that lead to an overall higher C/N ratio for terrestrial OM compared to aquatic organisms (Hedges and Oades, 1986). However, this ratio may be biased when plant tissues gain nitrogen during bacterial degradation and when planktonic OM preferentially loses nitrogen over carbon during decay (Hedges and Oades, 1997). Differences in the stable carbon isotopic composition may also be used to examine terrestrial input as terrestrial OM is typically depleted in $^{13}$C ($\delta^{13}$C of $-28$ to $-25\%e$) compared to marine OM ($-22$ to $-19\%e$). However, C₄ plants have $\delta^{13}$C values of around $-12\%e$ (Fry and Sherr, 1984; Collister et al., 1994; Rommerskirchen et al., 2006), and thus a substantial C₄ plant contribution can make it difficult to estimate the proportion of terrestrial to marine OM in certain settings (Goïl et al., 1997).

Biomarkers of terrestrial higher plants are also used to trace terrestrial OM input into marine sediments. For example, plant leaf waxes such as long-chain n-alkanes are transported and preserved in sediments (Eglinton and Eglinton, 2008, and references cited therein) and can provide information on catchment-integrated vegetation or precipitation changes (e.g., Ponton et al., 2014), while soil-specific bacteriohopanepolyol (BHPs) are biomarkers of soil bacteria and indicate changes in soil OM transport (Cooke et al., 2008). Similarly, branched glycerol dialkyl glycerol tetraethers (brGDGTs) are widespread and abundant in soils (Weijers et al., 2007, 2009) and can be used to trace soil OM input into marine settings via the branched and isoprenoid tetraether (BIT) index (Hopmans et al., 2004). However, brGDGTs can also be produced in situ in rivers (e.g., De Jonge et al., 2015), and thus the BIT index does not exclusively reflect soil OM input. Moreover, because the BIT index is the ratio of brGDGTs to crenarchaeol (an isoprenoidal GDGT predominantly produced by marine Thaumarchaeota; Sinninghe Damsté et al., 2002), the BIT index can also reflect changes in marine OM productivity instead of changes in terrestrial OM input in areas where primary productivity is highly variable, i.e., where the quantity of crenarchaeol is variable (Smith et al., 2012).

Although these terrestrial organic proxies are useful to trace soil, river, or vegetation input into marine sediments, previously there were no organic geochemical proxies to specifically trace river-produced OM input. However, recently, the C₃₂ 1,15-diol, relative to all 1,13- and 1,15-long-chain diols (LCDs; F_{C32,1,15}), was proposed as a tracer for river-produced OM input (De Bar et al., 2016; Lattaud et al., 2017). Long-chain diols, such as the C₃₂ 1,15-diol, are molecules composed of a long alkyl chain ranging from 26 to 34 carbon atoms, with an alcohol group at position C₁ and at a mid-chain position, mainly at positions 13, 14 and 15. They occur ubiquitously in marine environments (De Leeuw et al., 1981; Versteegh et al., 1997, 2000; Gogou and Stephanou, 2004; Rampen et al., 2012, 2014; Romero-Viana et al., 2012; Planqué et al., 2015; Zhang et al., 2011 and references therein), where the major diols are generally the C₃₀ 1,15-diol, C₂₈ and C₃₀ 1,13-diols, and the C₂₈ and C₃₀ 1,14-diols. In marine environments the 1,14-diols are produced mainly by Probaschia diatoms (Sinninghe Damsté et al., 2003; Rampen et al., 2007) and the 1,13 and 1,15-diol are thought to be produced by eustigmatophyte algae (Volkman et al., 1999; Rampen et al., 2007, 2014; Villanueva et al., 2014). Versteegh et al. (2000) showed that F_{C32,1,15} was relatively higher closer to the mouth of the Congo River. Likewise, Rampen et al. (2012) observed that sediments from the estuarine Hudson Bay have a much higher F_{C32,1,15} than open-marine sediments. More recent studies noted elevated amounts of F_{C32,1,15} in coastal sediments and even higher amounts in rivers indicating a continental source for this diol (De Bar et al., 2016; Lattaud et al., 2017). Since the C₃₂ 1,15-diol was not detected in soils distributed worldwide, the production of this diol in rivers by freshwater eustigmatophytes is the most likely source of this compound which, therefore, can potentially be used as a proxy of river-produced OM input to marine settings.

Here we test the downcore application of this new proxy by analyzing F_{C32,1,15} in a continental shelf record (0–45 ka) from the Mozambique Channel and a record (0–24 ka) from the eastern Mediterranean Sea to reconstruct Holocene/Late Pleistocene changes in freshwater input of the Zambezi and Nile rivers, respectively. Analysis of surface sediments and comparison with previously published BIT index records (Castañeda et al., 2010; Kasper et al., 2015) allow us to assess the potential of the C₃₂ 1,15-diol as a tracer for riverine runoff, or, more precisely, river-produced organic matter, in these coastal margins.

2 Material and methods

2.1 Study sites

2.1.1 Mozambique margin and Zambezi River

The Mozambique Channel is located between the coasts of Mozambique and Madagascar between 11 and 24° S and plays an important role in the global oceanic circulation by transporting warm Indian Ocean surface waters into the At-
lantic Ocean. The Zambezi River is the largest river that delivers freshwater and suspended particulate matter to the Mozambique Channel (Walford et al., 2005). The Zambezi River has a drainage area of $1.4 \times 10^6$ km² and an annual runoff between 50 and 220 km³ (Fekete et al., 1999). It originates in northern Zambia, flows through eastern Angola and Mozambique to reach the Indian Ocean. The Zambezi Delta starts at Mopeia (Ronco et al., 2006) and the Zambezi plume enters the Mozambique Channel and flows northwards along the coast (Nehama and Reason, 2014). The rainy season in the catchment is in austral summer when the Intertropical Convergence Zone (ITCZ) is at its southernmost position (Beilfuss and Santos, 2001; Gimeno et al., 2010; Nicholson, 2009). The seasonal variation in the Zambezi runoff varies between 7000 m³ s⁻¹ during the wet season to 2000 m³ s⁻¹ during the dry season (Beilfuss and Santos, 2001). A few smaller Mozambique rivers other than the Zambezi River flow into the Mozambique Channel (Fig. 1): the Ligonha, Licungo, Púnguè and Revuè in Mozambique (together with the Zambezi River, they are collectively called “the Mozambique rivers” here).

Past studies have shown that the deposition pattern of the Zambezi riverine detritus is variable with sea level; i.e., most of the time material was deposited downstream of the river mouth but during high sea levels it was deposited northeast of the river mouth due to a shore current (Schulz et al., 2011). During the last glacial period the Zambezi riverine detritus followed a more channelized path (Schulz et al., 2011). Van der Lubbe et al. (2016) found that the relative influence of the Zambezi river compared to more northern rivers in the Mozambique Channel varied during Heinrich Event 1 (H1) and the Younger Dryas (YD). Schefuß et al. (2011) studied the $\delta^{13}C$ and $\delta^D$ of n-alkanes and the elemental composition (Fe content) of core GeoB9307-3, located close to the present-day river mouth (Fig. 1) and reported higher precipitation and riverine terrestrial input in the Mozambique Channel during the Younger Dryas and H1. This is in agreement with more recent results from Just et al. (2014) on core GeoB9307-3 and Wang et al. (2013) on core GIK16160-3,
further away from the actual river mouth; both studies also showed an increased riverine terrestrial input during H1 and the YD. To summarize, during H1 and the YD, the Zambezi catchment is characterized by higher precipitation and enhanced riverine runoff due to a southward shift in the ITCZ resulting from Northern Hemisphere cold events, whereas during the Holocene drier conditions prevailed (Schefuß et al., 2011; Wang et al., 2013; van der Lubbe et al., 2014; Weldeab et al., 2014). The Last Glacial Maximum (LGM) in the Zambezi catchment is also recognized as an extremely wet period (Wang et al., 2013).

2.1.2 Eastern Mediterranean Sea and Nile River

The eastern Mediterranean Sea is influenced by the input of the Nile River, which is the main riverine sediment supply with an annual runoff of 91 km$^3$ and a sediment load of about 60 $\times$ 10$^9$ kg yr$^{-1}$ (Foucault and Stanley, 1989; Weldeab et al., 2002). Offshore of Israel, the Saharan aeolian sediment supply is very low (Weldeab et al., 2002). A strong northeastern current distributes the Nile River sediment along the Israeli coast toward our study site. The Nile River consists of two main branches: the Blue Nile (sourced at Lake Tana, Ethiopia) and the White Nile (sourced at Lake Victoria, Tanzania, Uganda, and Kenya). Precipitation in the Nile catchment fluctuates widely with latitude, with the area north of 18° N dry most of the year and the wettest areas at the source of the Blue Nile and White Nile (Cambrin, 2009). This general distribution reflects the latitudinal movement of the ITCZ.

Castañeda et al. (2010) have shown that sea surface temperature (SST; reconstructed with alkenones and TEX$_{86}$) at the study site was following Northern Hemisphere climate variations with a cooling during the LGM, H1 and the YD and warming during the early part of the deposition of sapropel 1 (S1). Associated H1 and LGM cooling, extreme aridity in the Nile catchment is observed as inferred from the $\delta^{13}$D of leaf waxes. In contrast, during the early Holocene S1 deposition, a more humid climate and enhanced Nile River runoff prevailed (Castañeda et al., 2016). Neodymium ($\varepsilon^{Nd}$) and strontium ($^{87}$Sr / $^{86}$Sr) isotopes (Castañeda et al., 2016, and Box et al., 2011, respectively) show a relative increase in the contribution of Blue Nile inputs when the climate is arid (H1, LGM) and an increased contribution of the White Nile inputs when the climate is humid (S1). This change also affects the soil input into the Nile River, as inferred from the distribution of branched GDGTs, with a more arid climate reducing the vegetation in the Ethiopian Highlands (source of the Blue Nile) and favoring soil erosion, while during a more humid climate, vegetation increases and soil erosion is less (Krom et al., 2002). To summarize, the climate of the Nile catchment area was colder and drier (Castañeda et al., 2010, 2016) during the YD, H1 and the LGM. The LGM and H1 were extremely arid events with the likely desiccation of the Nile water sources, i.e., Lake Tana and Lake Victoria (Castañeda et al., 2016). By contrast, the time period during S1 sapropel deposition was warmer and wetter resulting in an enhanced riverine runoff. The late Holocene is characterized by a decrease in precipitation (Blanchet et al., 2014).

2.2 Sampling and processing of the sediments

2.2.1 Mozambique Channel sediments

We analyzed 36 core-top sediments (from multi-cores) along a transect from the Mozambique coast to the Madagascar coast (LOCO (LONG CORES) transect; Fallet et al., 2012). The LOCO core tops have been previously studied by X-ray fluorescence (XRF) and grain-size analysis (van der Lubbe et al., 2014, 2016) as well as for inorganic (δ$^{18}$O, Mg / Ca) and organic (TEX$_{86}$, UK$^{37}$) temperature proxies (Fallet et al., 2012). Twenty-five core-top sediments (from grabs, gravity, or trigger-weight corers) retrieved during the RV Valdivia’s expeditions VA02 (1971) and VA06 (1973; hereafter called VA; Schulz et al., 2011), comprising a north–south transect parallel to the East African coast and spanning from 21°S to 15°N (Fig. 1a), were also analyzed. These surface sediments have been studied previously for element content (total organic carbon, TOC; total organic nitrogen, TON), isotopic content (δ$^{18}$O, δ$^{13}$C), and mineral and fossil (foraminifera) content (Schulz et al., 2011). Piston core 64PE304-80 was obtained from 1329 m water depth during the exchange between the Indian Ocean and the Atlantic through time (INATEX) cruise by the RV Pelagia in 2009 from a site (18°14.44′S, 37°52.14′E) located on the Mozambique coastal margin, approximately 200 km north of the Zambezi Delta (Fig. 1a). The age model of core 64PE304-80 is based on the $^{14}$C dating of planktonic foraminifera (see Supplement; van der Lubbe, 2014; Kasper et al., 2015) and on the correlation of log(Ti / Ca) data from XRF core scanning with those of nearby core GIKI16160-3, which also has an age model based on the $^{14}$C dating of planktonic foraminifera (see van der Lubbe et al., 2014, for details).

The LOCO sediment core tops were sliced into 0–0.25 and 0.25–0.5 cm slices and extracted as described by Fallet et al. (2012). Briefly, ultrasonic extraction was performed (×4) with a solvent mixture of dichloromethane (DCM)/methanol (MeOH; 2:1 v/v) and on the correlation of log(Ti / Ca) data from XRF core scanning with those of nearby core GIKI16160-3, which also has an age model based on the $^{14}$C dating of planktonic foraminifera (see van der Lubbe et al., 2014, for details).

The LOCO sediment core tops were sliced into 0–0.25 and 0.25–0.5 cm slices and extracted as described by Fallet et al. (2012). Briefly, ultrasonic extraction was performed (×4) with a solvent mixture of dichloromethane (DCM)/methanol (MeOH; 2:1 v/v). The total lipid extract (TLE) was then run through a Na$_2$SiO$_4$ column to remove water. The 25 VA core tops from the Valdivia’s expedition were freeze-dried on board and stored at 4°C. They were extracted via accelerator solvent extractor (ASE) using a DCM:MeOH mixture 9:1 (v/v) and a pressure of 1000 psi at 100°C using three extraction cycles.

We analyzed sediments of core 64PE304-80 for diols using solvent extracts that were previously obtained for the determination of the BIT index and δD values of alkenones (Kasper et al., 2015). Briefly, the core was sliced into 2 cm thick slices and the sediments were ASE extracted using the method described above.
For all Mozambique Channel sediments, the TLEs were separated through an alumina pipette column into three fractions: apolar (hexane : DCM, 9 : 1 v/v), ketone (hexane : DCM, 1 : 1 v/v) and polar (DCM : MeOH, 1 : 1 v/v). The polar fractions, containing the diols and GDGTs, were dissolved into a mixture of 99 : 1 (v/v) hexane : isopropanol and filtered through 0.45 µm PTFE filters.

2.2.2 Eastern Mediterranean sediment core

Gravity core GeoB 7702-3 was collected during the R/V Meteor cruise M52/2 in 2002 from the slope offshore of Israel (31°91.1’N, 34°04.4’E) at 562 m water depth (Pätzold et al., 2003; Castañeda et al., 2010). The chronology of this sedimentary record is based on 15 planktonic foraminiferal 

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In the sediments of the Mozambique Channel core 64PE304-80, F$_{C32,1.15}$ shows a wide range; it varies from 2.4 to 47.6 % (Fig. 2). Between 44 and 39 ka the values are relatively stable (average of 27.6 ± 4.5 %); then they rapidly decline between 39 and 36 ka to 11 %. From this point on they gradually increase, reaching 37.4 % at 17 ka. F$_{C32,1.15}$ then rapidly decreases until it reaches the lowest values of the record after 12 ka (average of 4.9 ± 1.4 %). Holocene sediments (0–11 ka) show relatively low and constant values of F$_{C32,1.15}$ (5 ± 1.5 %), similar to the values found in the surface sediments of the area, i.e., 3.5 ± 1.6 % (Figs. 1 and 2d).

The BIT index record (data from Kasper et al., 2015) shows similar changes as that of F$_{C32,1.15}$. Between 44 and 39 ka, the average BIT value is 0.43 ± 0.06; then the BIT value decreases to 0.36 at 36 ka, followed by an increase until 17 ka to reach a value of 0.6, while the Holocene values are constant and average at 0.1 ± 0.02. The #rings$_{tetra}$ of branched GDGTs is constantly low (average 0.15 ± 0.01; Fig. S1a) between 44 and 15.5 ka, then increases to 0.4 at 8 ka, and stays constant until the end of the Holocene (average 0.34 ± 0.03). Overall, these values are low and do not approach the values (0.8–1.0) associated with in situ production of branched GDGTs in coastal marine sediments (Sinninghe Damsté, 2016). The #rings$_{tetra}$ also shows a negative correlation with the BIT index throughout the record ($R^2$ = 0.74, p < 0.05), indicating that when BIT values are high, #rings$_{tetra}$ is low. Therefore, high BIT values can definitely be associated with terrestrial brGDGT input. If we assume that the in situ production of brGDGTs in the river (e.g., De Jonge et al., 2015; Zell et al., 2015) is minimal, we can then infer sources of soils from the different catchment areas by reconstructing the soil pH via the CBT index (see Eqs. 3 and 4, Peterse et al., 2012). This showed a constant soil pH (average 6.2 ± 0.1) from 43 to 15 ka followed by a slight increase to 7 at 8 ka and then a constant value (average 6.8 ± 0.08) at the end of Holocene (Fig. S1b).

In eastern Mediterranean sediment core GeoB 7702-3, F$_{C32,1.15}$ ranges from 3.9 to 47.0 %. Between 24 and 15 ka the values slowly decrease from 41 % at 24 ka to 7 % at 15 ka. Subsequently, F$_{C32,1.15}$ rises sharply until 11.7 ka (44 %) followed by a sharp decrease down to 16 % at 10 ka. F$_{C32,1.15}$ increases again up to 30 % until 7.5 ka, followed by a slow decrease in the late Holocene towards values as low as 6 % (Fig. 3a). The BIT index (data from Castañeda et al., 2016) varies in a similar way to F$_{C32,1.15}$. It is constant between 24 and 17 ka (average 0.37 ± 0.05) and then decreases to 0.13 at 14.5 ka. It subsequently increases between 15.6 and 9 ka before it decreases after 9 ka and stays constant in the Holocene (average 0.17 ± 0.05). The #rings$_{tetra}$ of the brGDGTs (Fig. S1c) is constant from 24 to 15 ka (0.37 ± 0.05), then shows lower values from 15 to 7 ka (0.29 ± 0.04), and, finally, increases again during the late

Figure 2. Organic and lithologic proxy records for core 64PE304-80 and parallel core GIK16160-3. (a) BIT index indicating soil and riverine input (Kasper et al., 2015) and F$_{C32,1.15}$ tracing riverine input; (b) Red Sea level changes (Grant et al., 2013); (c) log(Ca / Ti) indicating terrestrial input (van der Lubbe et al., 2014); (d) reconstruction of δD precipitation based on leaf wax n-C$_{29}$ alkane of core GIK16160-3 (Wang et al., 2013), and (e) $\varepsilon$$_{Nd}$ signatures of the clay fraction document changes in riverine influence (van der Lubbe et al., 2016). The grey bars show the YD, H1, and Heinrich Event 4 (H4). Black triangles indicate positions where $^{14}$C AMS dates were obtained (Kasper et al., 2015).
Holocene (0.40 ± 0.05). The BIT index and \#rings\text{tetra} do not show a clear negative correlation as observed for the Mozambique core. However, the values of \#rings\text{tetra} are well below 0.8–1.0, suggesting that in situ production of brGDGTs does not play an important role, in line with the depth from which the core was obtained, which is well below the zone of 100–300 m where in situ production is most pronounced (Sinninghe Damsté, 2016). During parts of the record, low \#rings\text{tetra} are associated with high BIT values, indicating that between 24 and 7 ka, the brGDGT are mainly terrigenous. For the oldest part of the core, the soil pH shows a stable period from 24 to 14.8 ka (average 6.94 ± 0.07) and then increases to 7.3 at 15 ka, followed by a large decrease (pH reaching 6.5 at 8.5 ka). As the in situ production of brGDGT is likely to be minimal in the latest part of the Holocene, and assuming that riverine production of brGDGTs is minimal, the soil pH can be reconstructed via the CBT index and shows a stable pH (average of 6.8 ± 0.1).

4 Discussion

4.1 Application of C\textsubscript{32} 1,15-diol as a proxy for riverine input in the Mozambique shelf

In the surface sediments of the Mozambique Channel, F\textsubscript{C32\textsubscript{1,15}} is relatively low overall (< 10 %) in comparison with other coastal regions with substantial river input (Fig. 1f), where values can be as high as 65 % (De Bar et al., 2016; Lattaud et al., 2017). Moreover, the BIT values are also relatively low at 0.01–0.42. Further confirmation of the low amount of terrestrial input in the analyzed surface sediments comes from the low C / N values (between 4.2 and 8.9 for the VA surface sediments; Schulz et al., 2011), characteristic of low terrestrial OM input (Meyers, 1994). Nevertheless, the slightly higher values of both the BIT index and the F\textsubscript{C32\textsubscript{1,15}} near the river mouths indicate that both proxies do seem to trace present-day riverine input into the Mozambique Channel in line with earlier findings of other coastal margins influenced by river systems (De Bar et al., 2016; Lattaud et al., 2017).

4.2 Past variations in riverine input in the Mozambique Channel

We compared the record of F\textsubscript{C32\textsubscript{1,15}} with previously published proxy records, in particular the BIT index (Kasper et al., 2015) and log(Ca / Ti) (van der Lubbe et al., 2016). These two proxies show the same pattern as F\textsubscript{C32\textsubscript{1,15}} (Fig. 2). Indeed, the BIT index and F\textsubscript{C32\textsubscript{1,15}} are strongly correlated ($r^2 = 0.83$, $p < 0.001$). Since the \#rings\text{tetra} of brGDGTs varies between 0.06 and 0.4 (Supplement Fig. S1a), and is significantly negatively correlated with the BIT values, the brGDGTs are predominantly derived from the continent (cf. Sinninghe Damsté, 2016), and thus the BIT likely reflects riverine input into the marine environment. Furthermore, F\textsubscript{C32\textsubscript{1,15}} also shows a significant negative correlation with log(Ca / Ti) ($r^2 = 0.43$, $p < 0.0001$, van der Lubbe et al., 2016). This is another proxy for riverine input since Ti is mainly derived from the erosion of continental rocks transported to the ocean through rivers, whereas Ca derives predominantly from the marine environment.

The records of F\textsubscript{C32\textsubscript{1,15}} and the BIT index show three major variations: a steep drop from 19 to 10 ka, a slow in-
crease from 38 to 21 ka during the last glacial, and a steep decrease between 40 and 38 ka. The largest change in the BIT index and F_{C_{32:1,15}} is between 19 and 10 ka, i.e., a major drop which coincides with an interval of rapid sea level rise (Fig. 2b). Following Menot et al. (2006), we explain the drop in the BIT index, and consequently also the drop in F_{C_{32:1,15}}, by the significant sea level rise occurring during this period. Rising sea level flooded the Mozambique plateau, moving the river mouth further away from the core site and establishing more open-marine conditions. This most likely resulted in lower F_{C_{32:1,15}} and BIT values, conditions that remained throughout the Holocene. The decrease in the delivery of terrestrial matter is also seen in element ratios (Fe/Ca) and organic proxies (BIT) in nearby core GeoB9307-3 (Schefuß et al., 2011), which is located closer to the present-day river mouth in the Mozambique plateau (Fig. 1a). Likewise, the gradual increase in the BIT index and F_{C_{32:1,15}} between 38 and 21 ka occurred at a time when sea-level was decreasing (Fig. 2b, Grant et al., 2014; Rohling et al., 2014), and thus the river mouth came closer to our study site. The decrease in BIT values and F_{C_{32:1,15}} during 40–38 ka coincides with Heinrich Event 4 (H4), a cold and dry event in this part of Africa (Partridge et al., 1997; Tierney et al., 2008; Thomas et al., 2009), with dry conditions likely leading to a reduced riverine input into the ocean and thus a reduced input of brGDGTs and the C_{32:1,15}-diol.

Interestingly, there are two periods where BIT and F_{C_{32:1,15}} records diverge (Fig. 2a): during the YD (12.7–11.6 ka) and H1 (17–14.6 ka) with the BIT index decreasing ca. 1 ky later than F_{C_{32:1,15}}. Comparison with the Ca/Ti ratio shows that both during H1 and the YD, the Ca/Ti ratio increased at the same time as the C_{32:1,15}-diol but earlier than the BIT index, suggesting that the latter was influenced by other parameters. The BIT index is the ratio of brGDGTs (produced mostly in soil or in situ in rivers in this area based on the low values for #rings_{WetTAC}; Sinninghe Damsté, 2016) to crenarchaeol (produced mainly in marine environments; Schouten et al., 2013, and references cited therein). As both the Ti/Ca ratio and F_{C_{32:1,15}} indicate a decrease in riverine input, a constant BIT index can be explained in two ways: a simultaneous decrease in crenarchaeol (marine) production or a change in soil input with higher brGDGT concentrations eroding into the river. The concentration of crenarchaeol during H1 is relatively stable, but there is a slight decrease in crenarchaeol during the YD (Fig. S2b). Thus, the difference between BIT and F_{C_{32:1,15}} during the YD can be partly explained by decreased crenarchaeol production together with a decrease in branched GDGTs due to a reduced river flow leading to relatively stable BIT values. In contrast, crenarchaeol and brGDGT concentrations are relatively stable during H1, and thus the lower river input, as indicated by the Ca/Ti and F_{C_{32:1,15}}, apparently did not lead to a decrease in brGDGT input. This could be due to a shift in the sources of soil which are eroded in the river; i.e., if in this period there is a shift towards soils with relatively higher brGDGT concentrations, the BIT index would remain high despite decreased river flow.

A shift in soil sources may be due to two major changes that happened during this period (and also during the YD), i.e., a shift in the catchment area of the Zambezi River (Schefuß et al., 2011; Just et al., 2014) and a shift in the relative influence of the Zambezi River versus northern Mozambique rivers (van der Lubbe et al., 2016). The shift in catchment area is evident from the higher influx of kaolinite-poor soil into the marine system during H1 and the YD (Just et al., 2014) coming from the cover sands of the coastal Mozambique area (Fig. 3d, blue circle), relative to the kaolinite-rich soils of the hinterlands (Fig. 3d, red circles). If the brGDGT concentrations from the latter region are higher, then this change in soil input could lead to a stable brGDGT flux into the marine environment, despite decreasing Zambezi River runoff. Support for a shift in soil sources comes from the soil pH record reconstructed from brGDGTs, which during the YD shows a shift towards more acidic soils. However, no change in soil pH is observed during H1.

The influence of other rivers (Lurio and Rovuma rivers) relative to the Zambezi River (Fig. 3d, green circle) was inferred from neodymium isotopes by Van der Lubbe et al. (2016); i.e., more radiogenic rocks are found in the northern river catchments in comparison to the rocks in the Zambezi catchment (Fig. 2b). These authors found that during H1 and the YD, the relative contribution of the northern rivers is lower than normal, likely due to drought conditions north of the Zambezi catchment area (Tierney et al., 2008, 2011; Just et al., 2014). These northern rivers run through a catchment containing mainly humid highstand soils, which are different soil types than those observed in the catchment area of the Zambezi River (van der Lubbe et al., 2016). We hypothesize that higher brGDGT concentrations in the soils of the catchment areas of the Zambezi River can potentially explain the discrepancy between BIT and F_{C_{32:1,15}}; i.e., during H1 and the YD, there is more input of brGDGT-rich soils from the Zambezi than brGDGT-poor soils from the northern rivers, leading to constant BIT values despite a dropping riverine input. Further research examining the brGDGT contents of soils in the different river catchment areas as well as surface sediments from offshore of these northern rivers is required to distinguish between the different hypotheses.

4.3 Past variations in riverine input in the eastern Mediterranean Sea

With the eastern Mediterranean Sea core, we compared F_{C_{32:1,15}} in core GeoB7702 with other proxies including the BIT index, log(Ca/Ti) and strontium isotopes, the latter to infer the relative importance of the Blue Nile and the White Nile as source regions (Fig. 4c–e). The BIT values (data from Castañeda et al., 2010) show a significant positive correlation with F_{C_{32:1,15}} (r^2 = 0.38, p < 0.05), while log(Ca/Ti) shows a negative correlation to F_{C_{32:1,15}}, again supporting a conti-
and the amount of continental-derived OM reaching the site decreased. Both records show low values during H1 comparable to the Holocene. These low values can be attributed to extreme aridity in the Nile River catchment (Castañeda et al., 2016), which we hypothesize led to a lack of vegetation and enhanced soil erosion but also to a severely reduced river flow, thereby decreasing the net amount of river-borne OM reaching our core site.

In this core, there are three major discrepancies observed between the BIT index and $F_{C_{32}1,15}$: (1) during the LGM, between 22 and 19 ka, where the $C_{32}1,15$-diol shows a decrease while the BIT index remains constant; (2) during the onset of the deposition of S1 (6.1–10.5 ka; Grant et al., 2016) where the BIT index decreases later than the $C_{32}1,15$-diol; and (3) after 2 ka when the BIT index increases while the $C_{32}1,15$-diol decreases. For the LGM $F_{C_{32}1,15}$ is decreasing and log(Ca/Ti) is as well, but the BIT index remains constant (and the brGDGT concentration is also low; see Fig. S3), indicating that there is no significant decrease in terrigenous OM reaching the core site at that time. During the LGM, there is no significant change in continental climate, based on the findings of Castañeda et al. (2016), suggesting no change in vegetation cover or river flux. This suggests that the change in $F_{C_{32}1,15}$ is not due to a change in the input of $C_{32}1,15$-diol but in other, mainly marine-derived, diols, in particular the $C_{30}1,15$-diol. If this hypothesis is true, then an increase in this marine diol will lower the $F_{C_{32}1,15}$, but if the amount of crenarchaeol is not changing at the same time, the BIT values will remain unaffected.

The deposition of S1 is described as a period of increased freshwater input leading to stratification and anoxia (Rossignol-Strick et al., 1982). However, an increased river input is neither reflected in $F_{C_{32}1,15}$ nor in the BIT index; in fact both of them are asynchronously decreasing. Castañeda et al. (2010) showed that the decrease in the BIT index is due to a large increase in crenarchaeol (Fig. S3), much larger than the increase in brGDGTs, due to increased productivity and preservation. A similar scenario may apply for the diols; i.e., the marine diols (in particular the $C_{30}1,15$-diol; data not shown) are, at that time, also increasing more substantially than the $C_{32}1,15$-diol, thus lowering $F_{C_{32}1,15}$. However, there is a difference in timing; i.e., the BIT index decreases slightly later than the $C_{32}1,15$-diol (9.1 and 10.5 ka, respectively). The decrease in $F_{C_{32}1,15}$ coincides with a substantial increase in sea level (Fig. 4b), which would cause the distance between the core site and the river mouth to increase, thereby decreasing the amount of terrigenous material reaching the site. This terrigenous decrease is also visible to some extent in the log(Ca/Ti) but not in the BIT index. Possibly, like with the Mozambique Channel, the brGDGT concentrations in the river were much higher at that time. Indeed, the Sr isotopic record suggests a major shift from a Blue Nile to a White Nile source at 10.5 ka, with the latter possibly containing more eroded soils with high brGDGT concentrations. This shift in soil sources is also shown in the

Figure 4. Organic and lithologic proxy records for core GeoB7702-3 and core 9509. (a) BIT index indicating soil and riverine input (Castañeda et al., 2010) and $F_{C_{32}1,15}$ tracing riverine input (b) Red Sea Level changes (Grant et al., 2014) (c) log(Ca/Ti) indicating terrestrial input (Castañeda et al., 2016), (d) reconstruction of δD precipitation based on leaf wax n-C$_{31}$ alkane (Castañeda et al., 2016). (e) $^{87}$Sr/$^{86}$Sr signatures of the sediment core 9509 (off-shore of the Israeli coast) document changes in riverine influence (Box et al., 2011). The grey bars show the sapropel layer (S1), YD, H1, and the Last Glacial Maximum (LGM). Black triangles indicate $^{14}$C AMS dates (from Castañeda et al., 2010).
change towards more acidic soil pH during that period based on the CBT index (Fig. S1d).

For the most recent part of the record (0–5 ka), the BIT index increases, while $F_{C32,1,15}$ slightly decreases. The $\delta^{13}C_{\text{leaf waxes}}$ (Fig. 4d) shows it was period of mild aridity which likely led to a decreased riverine runoff and thus decreased river input. The reason the BIT index is increasing rather than decreasing is due to an increase in brGDGT concentrations (Fig. 3b), despite evidence for a decrease in river runoff. This can possibly be linked to the amount of vegetation in the Nile catchment; i.e., at that time there was a decrease in vegetation cover (Blanchet et al., 2014; Castañeda et al., 2016), which led to more soil erosion and thus potentially a higher brGDGT concentration in rivers and a higher BIT index. This hypothesis is supported by the log(Ca/Ti) (Fig. 4c), which decreases at this time, suggesting that soil runoff was increasing.

Our results from both the Nile and Mozambique Channel cores illustrate that $F_{C32,1,15}$ provides a suitable proxy for reconstructing past riverine input into coastal seas. Although some discrepancies are noted with other terrigenous proxies for both cores, $F_{C32,1,15}$ generally agrees well with these proxies. However, our interpretation of the $C_{32}$ 1,15-diol record relies on the assumption that production of this diol in rivers does not change with different hydroclimate fluctuations on land, something that needs to be tested. However, De Bar et al. (2016) showed that $F_{C32,1,15}$ in the Tagus River in Portugal did not significantly change over the course of a year, suggesting that this assumption might be valid. Since the $C_{32}$ 1,15-diol is mainly produced in rivers itself, it is not impacted by vegetation abundance and soil composition, in contrast to other proxies like the BIT index and lignin concentrations. This may make it a potentially more reliable proxy to trace past river input into marine environments.

5 Conclusions

We studied core tops and two sediment cores in the Mozambique Channel, off the Zambezi River mouth, and in the eastern Mediterranean Sea, offshore of the Nile delta, to test $F_{C32,1,15}$ as a proxy for riverine input into the marine realm. The surface sediments show that the $C_{32}$ 1,15-diol traces present-day riverine input into the Mozambique Channel, supported by the BIT index. In both sediment records, $F_{C32,1,15}$ is significantly correlated with the BIT index, showing the applicability of this proxy to trace riverine input, but $F_{C32,1,15}$ also showed some discrepancies. This can be explained by the different sources of these proxies; i.e., the BIT index reflects soil and river-produced OM input, and the $C_{32}$ 1,15-diol mainly reflects river-produced OM input. Our multiproxy approach suggests that the timing of changes in the different terrestrial proxies’ records can differ due to changes in catchment area or to shifting importance of the different source rivers.

Data availability. The data reported in this paper will be archived in PANGAEA (www.pangaea.de), where they will be available in the near future.

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Author contributions. SS and JL designed the study. JL analyzed the surface sediments for diols and GDGTs and core GeoB 7702-3 for diols. IC sampled and extracted the surface sediments and the sediment cores 64PE304-80 and GeoB 7702-3. DD analyzed the sediment core 64PE304-80 for diols. HS collected the VA core tops. ES collected core GeoB7702-3. JL, SS, IC, and JSSD interpreted the data. JL wrote the paper with input from all authors.

Competing interests. The authors declare that they have no conflict of interest.

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