

Conversation Starters

- Tell me about your family
- What did you do for a living?
- Where were you born?
- What makes you happy?
- If you could live anywhere, where would you live?
- What's your favorite time of year?
- What is the best birthday you have ever had?
- What's your favorite food? What's your favorite dessert?
- Do you like to read? If so, what are your favorite books?
- What are your hobbies? Favorite activities to do?
- What sports do you like to watch?
- What are some hobbies you would like to start?
- What have you heard on the news lately?
- Do you know of any good jokes?
- Where are some places you've traveled?
- What are your favorite movies? TV shows?

Activity Ideas

- Read the newspaper together
- Play card games, board games
- Take a walk
- Spend some time outside
- Arts/crafts
- Paint fingernails
- Share pictures of family, friends, good memories
- Listen to music
- Read a book together
- Write a letter to a family member or friend
- Sewing/knitting
- Bingo
- Cook/bake
- Share recipes
- Play an instrument
- Scrapbooking